

## **Mesilla Valley Christian School Athletics**

### **Requirement Checklist for Athletes 2023-2024**

In order to participate in sports, each player must complete the following:

- ⊖ NMAA Mandatory Physical Form
- No other physical form will be accepted
- The FULL package of the Approved Physical Form can be found under the Athletic tab of the MVCS Website.
  
- ⊖ The follow forms are attached to the packet listed above and must be completed:
  - ⊖ Proof of Insurance
  - ⊖ Consent to Treat
  
- Complete Mandatory NFHS Learn Website Courses ([nfhslearn.com](http://nfhslearn.com)) Including:
  - ⊖ You will need to set up two separate accounts: one for the student athlete and one for the parent.
  - ⊖ Please make sure you log into the appropriate account when completing the courses
  - ⊖ Under the Student Account please complete: Concussion for Students
  - ⊖ Under the Parent Account please complete: Positive Parenting within School Programs and Concussion in Sports
  - ⊖ Note: Scroll down to "View All Courses" to locate needed courses